

## KILL THE WEEDS: 5-DAY DEVOTIONAL

### A Discipleship Resource of Sanctuary Church

#### DAY 1 — “Guard the Soil”

**Scripture:** “Above all else, guard your heart, for everything you do flows from it.” **Proverbs 4:23**

**Reflection:** Your heart is spiritual soil. What grows in it determines the direction of your life. Weeds don’t show up because you’re weak — they show up because the heart is valuable. The enemy doesn’t attack what doesn’t matter. Guarding your heart isn’t about fear; it’s about stewardship. It’s choosing what gets access, what gets influence, and what gets planted.

Ask yourself: *What have I allowed into my heart that doesn’t belong there? What needs guarding today?*

**Prayer:** Lord, help me pay attention to my heart. Show me where I’ve let things in that don’t honor You. Strengthen me to guard what You’ve entrusted to me.

**Challenge:** Identify one “unguarded gate”; a habit, influence, or pattern... and set a boundary around it today.

#### DAY 2 — “Spot the Weeds Early”

**Scripture:** “Catch for us the foxes, the little foxes that ruin the vineyards...” — **Song of Solomon 2:15**

**Reflection:** Weeds start small. A little compromise. A little distraction. A little worry. A little comparison. But small weeds grow fast. The enemy’s strategy is subtle: get you comfortable with what will eventually choke you.

Spiritual maturity isn’t just about knowing Scripture, it’s about noticing the small things that pull you away from Jesus.

Ask yourself: *What small weed is trying to grow in my life right now?*

**Prayer:** Holy Spirit, give me eyes to see the small things before they become big things. Help me respond quickly and obediently.

**Challenge:** Write down one “small weed” you’ve noticed. If you are comfortable, share it with someone you trust and ask them to pray with you.

### **DAY 3 — “Pull the Roots, Not Just the Leaves”**

**Scripture:** *“Make no provision for the flesh...”* — **Romans 13:14**

**Reflection:** It’s easy to deal with symptoms and ignore roots. We cut off the visible part of the weed but leave the root system untouched — and then wonder why it grows back.

Roots are fed by:

- old habits
- hidden sin
- emotional wounds
- unhealthy relationships
- unchallenged thought patterns

Jesus doesn’t just want to trim your weeds, He wants to heal the roots. Remember, there is no such thing as weed prevention in the spiritual, only weed control.

Ask yourself: *What root keeps producing the same weed in my life?*

**Prayer:** Jesus, reveal the roots beneath my struggles. Heal what’s broken, uproot what’s harmful, and restore what’s been damaged.

**Challenge:** Choose one root issue and take one step toward healing; confession, counseling, accountability, or prayer.

### **DAY 4 — “Fill the Empty Space”**

**Scripture:** *“Walk by the Spirit, and you will not gratify the desires of the flesh.”* — **Galatians 5:16**

**Reflection:** Pulling weeds is only half the work. If you clear the soil but leave it empty, weeds return even faster. Spiritual emptiness attracts spiritual clutter.

The Spirit doesn’t just remove weeds and leaves behind empty holes. He replaces and fills the space with:

- peace
- clarity
- conviction

- strength
- fruit
- purpose

Ask yourself: *What healthy seed do I need to plant where a weed used to be?*

**Prayer:** Holy Spirit, fill every empty space in my life. Produce Your fruit in me and crowd out anything that doesn't belong.

**Challenge:** Choose one spiritual practice to "fill the space" today like Scripture reading, worship, prayer, serving, or silence.

## **DAY 5 — "Let God Restore the Garden"**

**Scripture:** *"He restores my soul..." Psalm 23:3*

**Reflection:** God isn't frustrated with your weeds; He's committed to your growth. He doesn't shame the soil; He restores it. He doesn't condemn the mess; He cultivates the garden.

Your life is not defined by the weeds you've battled but rather it's defined by the God who helps you overcome them.

Restoration is God's specialty. He takes crowded places and makes them fruitful again.

Ask yourself: *Where do I need God's restoring touch right now?*

**Prayer:** Father, restore my soul. Heal what's been choked. Revive what's been dormant. Make my life a garden that brings You glory.

**Challenge:** Write a short prayer or declaration about the kind of "garden" you want your life to become. Speak it out loud today.